

P.M. — Heart Disease: Unforgiveness

I. If it's NOT sin...

- A. Unilateral, unconditional
forgiveness. (Lk 7.41-42a)
- B. We need to lose "self" in something, Someone bigger. (1Cor 13.4,5,7)

II. If it IS sin... (Eph 4.32)

- A. Willingly
(1Tim 2.4; 2Pet 3.9)
- B. Aggressively
(Jn 3.16-17; Rom 5.8; Mt 18.15; cf. 5.23-24)
- C. Conditionally
(Jn 8.24; Lk 13.3; Mt 10.32; Mk 16.16; Ac 8.22; Lk 17.3-4)
- D. Absolutely
(Ps 103.8-12; Mic 7.18-19)
- E. Permanently
(Heb 10.16-17; cf. 1Cor 13.5; Eph 4.31; Col 3.12-13a; James 5.9)
- F. Repeatedly
(1Jn 1.9-2.2; cf. Lk 17.3-4; Mt 18.21-22)

III. So how do we learn to forgive others like this?

- A. Cultivate a heart of _____
and _____.
(Mt 5.7; 18.33; James 2.13)
- B. _____ that
hatred, ill-will, and bitterness hurt us more than
their object. (1Cor 13.4-8; Eph 4.31-32; Col 3.12-14)
- C. Remember how greatly we have been
_____. (Mt 18.23-35)
- D. Ask for _____ help. (James 1.5)
- E. _____ for
those who have wronged us. (Lk 6.27-28; cf. 23.34)
- F. Speak _____ about them to others.
- G. Genuinely _____
our "forgiveness" of others.