
2020 SPIRITUAL RESOLUTIONS

SUGGESTED RESOLUTIONS

- Forgive someone or be more forgiving
- Pray regularly, and specifically- *set aside a specific time each day, speak your prayers, be specific about – thanksgiving, confession, requests, pray about others*
- Be more kind. Make an effort to show kindness to others- **Matt. 5:46-47**
- Be more thankful and less grouchy- “*wag more bark less*”
- Memorize Scripture (set a goal)
Recommended App- Verses-Bible Memory
- Read the bible through in a year.
Find premade bible reading plans online
www.churchofchristatcda.org
- Read a chapter of Proverbs every day- *there are 31 chapters in Proverbs read the chapter that correlates with the date.*
- Read the bible daily- *Read it aloud to help with mental retention and understanding*
- Do an in depth study of a bible topic and keep a journal of you work- *study a word, person, concept, book. 2 Tim. 2:15*
- During classed you attend take notes, come prepared, and do other things to maximize the benefit of attending.
- Have an in home study, praying or singing- *organize to have an in home study to learn the bible in a more intimate setting. You can teach the study yourself or ask someone to come teach for you-Acts 12:12*
- Attend an in home study or be present other times people open their homes.
- Parents start an in home study or sing hymns with your children- **Deut. 6:6-7**
- Be more hospitable- **1 Peter 4:9**
- Visit shut-ins, sick, spiritually struggling, help a widow with yard work or other chores, give someone a ride or serve them in some way- *Determine a regular time- weekly, bi-weekly, monthly, quarterly, and set a date to visit someone in order to encourage them –Matt. 25:40*
- Let your light shine brighter “be a bright star Christian” – **Matt 5:16**
- Confess God and Christ more- **1 Peter 3:14-15**
- Meet and convert one person
- Leave A Margine – Leave time in your life dedicated to serving others, and serving God.
- Repent- Decide to change something you do or an attitude. *Journal about the desired improvement, keeping track of failures and successes; and/ or seeking someone for accountability will be helpful*
- Selfless Service
-Give your time to others
-Volunteer in the community
- Mindfulness – *Listen to others, Notice things you can do, Remember to follow up, Encourage other*
- Gain a clear understanding of a Christian worldview and learn to communicate it to others. – *what does the bible say about current political and cultural issues we face today.*
- Visit Members in their homes
- Improve Attendance – *Make an effort to be at every service on time.*

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KEYS FOR SUCCESS

1 THESSALONIANS 5:16-18 REJOICE ALWAYS; PRAY WITHOUT CEASING; IN EVERYTHING GIVE THANKS; FOR THIS IS GOD'S WILL FOR YOU IN CHRIST JESUS.

- Find someone you trust to be accountable to; Be accountable to God in prayer
- Journal regularly to track progress-*daily or weekly, write down successes or failures and determine how you can do better moving forward.*
- Set realistic/ attainable goals- ***Matt 6:34***
- Determine why you are making a resolution and what success looks like
- Associate with people that have done what you are trying to do; have a group that meets regularly –*quarterly, monthly for encouragement* ***Heb 10:2, Eph 5:1***
- Don't procrastinate- ***Heb 3:15 Today!***
- Plan ahead and schedule when to start
- Acknowledge growth and set a standard you can measure growth by.
- Be persistent, if you lapse then restart where you are and continue- ***Rom. 2:7***

