

A man with dark hair, wearing a light-colored shirt, is sitting on a pebbly beach, looking out at a large body of water under a cloudy sky. The scene is captured from behind him, creating a contemplative mood.

BE ANGRY, **YET SIN NOT**

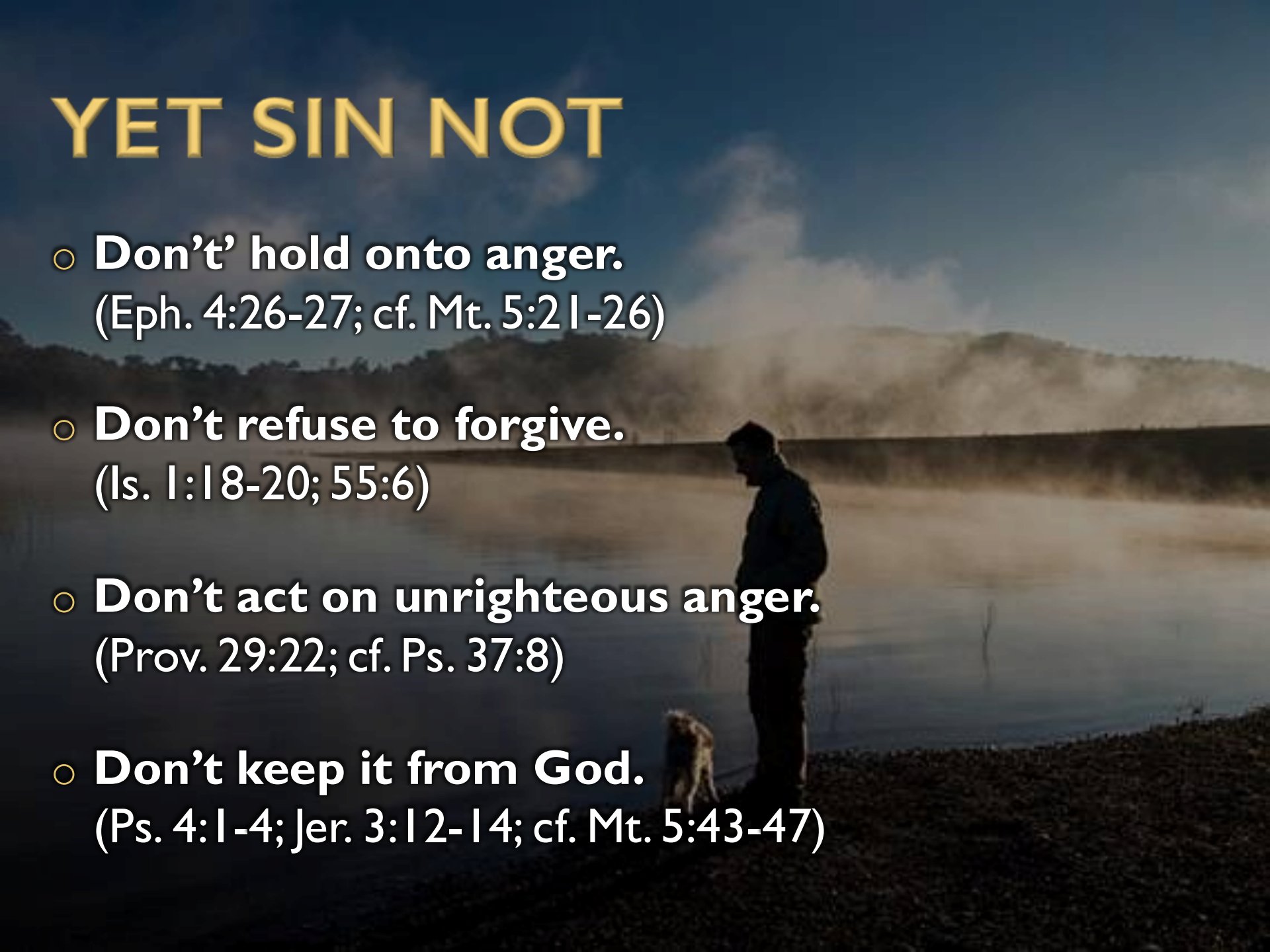
EPHESIANS 4:26-27

BE ANGRY

- We should have righteous anger.
(Mark 3:1-5; Rom. 1:18-19, 32)
- We can't ignore scriptural consequences of sin.
(Heb. 3:10-17)
- We must maintain these consequences in love.
(1 Cor. 5:4-5)



YET SIN NOT

- **Don't hold onto anger.**
(Eph. 4:26-27; cf. Mt. 5:21-26)
 - **Don't refuse to forgive.**
(Is. 1:18-20; 55:6)
 - **Don't act on unrighteous anger.**
(Prov. 29:22; cf. Ps. 37:8)
 - **Don't keep it from God.**
(Ps. 4:1-4; Jer. 3:12-14; cf. Mt. 5:43-47)
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- A silhouette of a person standing on a rocky shore next to a dog, looking out over a misty lake at dawn or dusk. The person is on the right side of the frame, and the dog is sitting next to them. The background shows a calm body of water with a misty or foggy atmosphere, and distant hills or mountains under a soft, hazy sky.

