

PLEASE KEEP THE FOLLOWING IN YOUR PRAYERS:

Val Brown – was in the hospital recently because of a systemic allergic reaction which the doctors think might be an onset of Von Willebrand Disorder. She is at home now as she undergoes blood tests to determine the cause of the reaction. Keep her in your prayers.

Lydia Lewis – is in Rockdale hospital, now in stable condition. Keep her in your prayers.

Those Responding...

LaVern Crawford – requests prayers for strength to not fall for the cares of the world and to get back on track with God and His Will.

Ladies' Tea and Fellowship – April 22, 2017 from 10:00 am to 1:00 pm
All ladies are invited to a ladies' get-together at the home of Renee Cheney. We need a count! So, please sign up on the list in the foyer if you plan to attend.

Focus (on our Youth) Day - April 30, 2017
Potluck meal to follow morning worship.

Elders', Deacons', Preacher's Meeting - May 7, 2017

Conyers Youth

Southside Youth Devotional
Peachtree City

May 21, 2017

SCHEDULE OF SERVICES

BIBLE SCHOOL FOR ALL AGES
SUNDAY 9:30AM

MORNING WORSHIP
SUNDAY 10:30AM

EVENING WORSHIP
SUNDAY 5PM

LADIES BIBLE CLASS
TUESDAY 10AM SEPT.-MAY

WEDNESDAY EVENING
BIBLE STUDY 7PM

Elders:

Daron Cheney
Greg Holmes
Gordon Roddenberry

Deacons:

Kirk Mahan - Korey Dickens
Michael Yates - Tyrone Holden
Anthony Dilligard - Jim Fulmer
Bernard Austin - Bruce Haynes

Minister:

Jeff Johnson

CONYERS CHURCH OF CHRIST
1410 FLAT SHOALS ROAD
CONYERS, GEORGIA 30013

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U.S. Postage
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Conyers, GA
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Those to Serve

Sunday - April 23, 2017

	AM	PM
SONG DIRECTOR:	Anthony Dilligard	Anthony Dilligard
OPENING PRAYER:	Bernard Austin	Milford Segura
LORD'S TABLE:	Brandon Medley - Carlos Watts Garland Benefield - Noah Corbin	Garland Benefield
SCRIPTURE READING:	Jayce Lovern Luke 11:24-26	Tanner Tolleson Proverbs 19:11-12
SERMON:	Jeff Johnson	Jeff Johnson
ANNOUNCEMENTS:	Kirk Mahan	Kirk Mahan
CLOSING PRAYER:	Matt Carter	Roy Robinson
USHERS:	Tony Ferguson Buck Howell	Tony Ferguson Buck Howell
AUDIO:		

Wednesday - April 26, 2017

USHER:	Buck Howell
WELCOME / PRAYER:	Don Graves
SONG LEADER:	Anthony Dilligard
DEVOTIONAL:	Charles Mahan
AUDIO:	Austin Massey

Men, please meet in the library 15 minutes before worship.
If unable to serve, please call the Deacon in charge.



THE CONYERS BEACON

“The discretion of a man makes him slow to anger, and his glory is to overlook a transgression.”

Proverbs 19:11



The Silent Killer

We used to hear the phrase, "The Silent Killer" in reference to high blood pressure. Then there were links to diabetes and it being a silent killer as well. The truth of the matter is that there are many physical conditions that left untreated have tragic, irreversible results. Have you ever considered that there are spiritual conditions that have a similar impact on the soul?

One such condition is pride. Pride, when it has negative effects has run amuck. This condition needs overdoses of some things and a lack of others to create a destructive result. In the same way the body needs overdoses of some things and a lack of others in order to reach a devastating outcome.

We know that we must maintain a minimum blood pressure in order to live. We don't read about people dying in large numbers from low blood pressure, it's just the opposite. Creating high blood pressure in our world is very easy to achieve. Physicians agree that overdoses of salt in one's diet has a tremendous impact on blood pressure. Considering that most processed foods are highly salted for preservation, and most foods bought in restaurants are highly salted for taste, in general we are at great risk for this problem. Due to our so often feeling we do not have enough time to prepare healthier meals at home, all too often we opt for that which is fast and momentarily fulfilling. Fulfilling is what we have become as we run to things we believe provide temporary relief but encourage a lack of activity and weight gain.

The Devil has taught the greedy to take advantage of many who fold under the pressure of stress and go to the neighborhood bar. Have you ever noticed in pictures of bars that there are usually free assorted nuts in dishes along the bar. This is not a custom among bar owners to be kind and provide snacks for the customers. The salt in the nuts causes one to desire to drink more. The more alcohol is sold the more the "barkeep" makes. The alcohol consumed also creates higher blood pressure and days missed at work. Now there is less time to do that which we needed a break from in the first place.

The pressure of a shortage of time is another factor. The old saying, "It's a small world" is truer today than any time in man's history. In a second, information is sent around the world. Communication has never been easier or more prominent. Since the wide use of cell phones, a new problem has arisen. A person with a cell phone cannot disconnect. Being on call 24/7 left the Wallstreet board room and has become common place for the least among us. Stress is certainly to blame for high blood pressure however, the contributing factors of salt, weight gain and alcohol are things we merely shake our heads at as we pass by the coffin of another victim. Why is it that we accept these things as "normal" and do not help each other? We may feel better about ourselves when we portray in our own minds that we are being martyrs. The simple truth is we are committing suicide slowly and far more painfully.

We know in order to accomplish anything in this life we must have a sense of self-worth. People who have a healthy sense of self-worth are compassionate and humble. We do not read of compassionate and humble people being led to a fall of their own demise. On the other hand we read and see pride being a self-destructive characteristic of so many with great ability.

Pride also needs contributing factors to do it's damage to the soul. Self-worth to the spirit is like salt for the body. We need it to survive but too much introduces a silent killer. We can measure salt, but how do we measure self-worth or at least detect too much? One such measurement is found in Proverbs 18:2. The overdose of self-worth is called foolishness. This is a practice of not honestly listening to someone who we perceive has a wrong idea. We are simply waiting for their noise to stop so we can tell them "our correct" opinion. This is an obvious indicator of too much self-worth in our diet. In this condition we are not exercising humility. A heart that is not humble we grow cold with self-worth as an inactive body grows cold in death.

That same sense of self-worth creates stress as we find ourselves in fights over things in this world that are temporal. Proverbs 18:6-7 tells us that this foolishness of fighting is self-destructive. In-fighting destroys the soul and ultimately the church. In-fighting goes past stress with a "whoosh" and turns into anger. Anger, like alcohol, feels good at the moment we plan retaliation but when the deed is done the morrow is sorrowful.

The doctor says keep watch on your salt and God says keep watch on your self-worth. All valuable to our God and He loves every one and so must we (John 13:34-35).

Jeff Johnson

Prayer List

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|---------------------|---------------------|-------------------|
| Ruby Harrell | Jacqueline Anderson | Beverly Hixon |
| Clint Cooper | Lowell Strock | Ronnie Smith |
| Jan Coulon | Linda Guill | Kathleen Yates |
| Olen & Lydia Lewis | Dawn Robinson | Tootsi Shepard |
| Irene Mapp | Bernice Smith | Valdeese Brown |
| Faye Brown | Evelyn Brown | James Francis |
| Al Adcock | Anne Clark | JC Davidson |
| Jack & Francis Zorn | Dollie Graves | Wayne Mullins |
| Martha Toney | Thelma Chambers | Kathy Dennington |
| Jake Born | JoAnn Turner | Joe Graves |
| Wileen Crawford | Tom Holland | Bernadine Senegal |
| Carl Segura | Shirley Johnson | |
| Dollie Graves | Jeff Fikes | |
| Alzona Freeman | | |

And Remember Those in Nursing Homes

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|-----------------|---------------|-----------------|
| Charlotte Fulks | Charles Fikes | Ceci Mullins |
| Charles Burks | Emma Baker | Andrew Anderson |
| Buddy Allen | | |

**Bulletin Board
Area-wide Events**

"Weekends in the Word"
Buford Church of Christ
March 4, April 1, & May 6, 2017

"Blooming in God's Garden: The Aroma of God's Women" - Ladies' Day
Tara Church of Christ
Guest Speaker: Luann Rogers
April 22, 2017

"Heaven...the Better Country"
2017 GSOP Lectureship
Piedmont Road Church of Christ
Guest Speaker: Varies
May 6 - 7, 2017

Remember Our Vision

At the Conyers Church of Christ, we want to go to heaven.

We will get there by:

- Obeying the Gospel call;
- Worshipping in a scriptural manner;
- Evangelizing our world;
- Providing benevolent outreach in our community; and
- Helping our members grow as Christians

EVENT DATES

- UPCOMING IN April**
- 22 Ladie's Tea & Fellowship
 - 25 Ladies' Class
 - 30 Family Focus (Lads and Grads) Weekend
- UPCOMING IN May**
- 2 Ladies' Class
 - 7 EDP Meeting
 - 9 Ladies' Class
 - 16 Ladies' Class
 - 21 Southside Youth Devotional - Peachtree City
 - 23 Ladies' Class
 - 26 End-of-year Celebration
 - 30 Ladies' Class

**Mission Focus
2nd Quarter**

Pantry Supplies

- Cleaning Products
- Small-sized detergent for clothes

