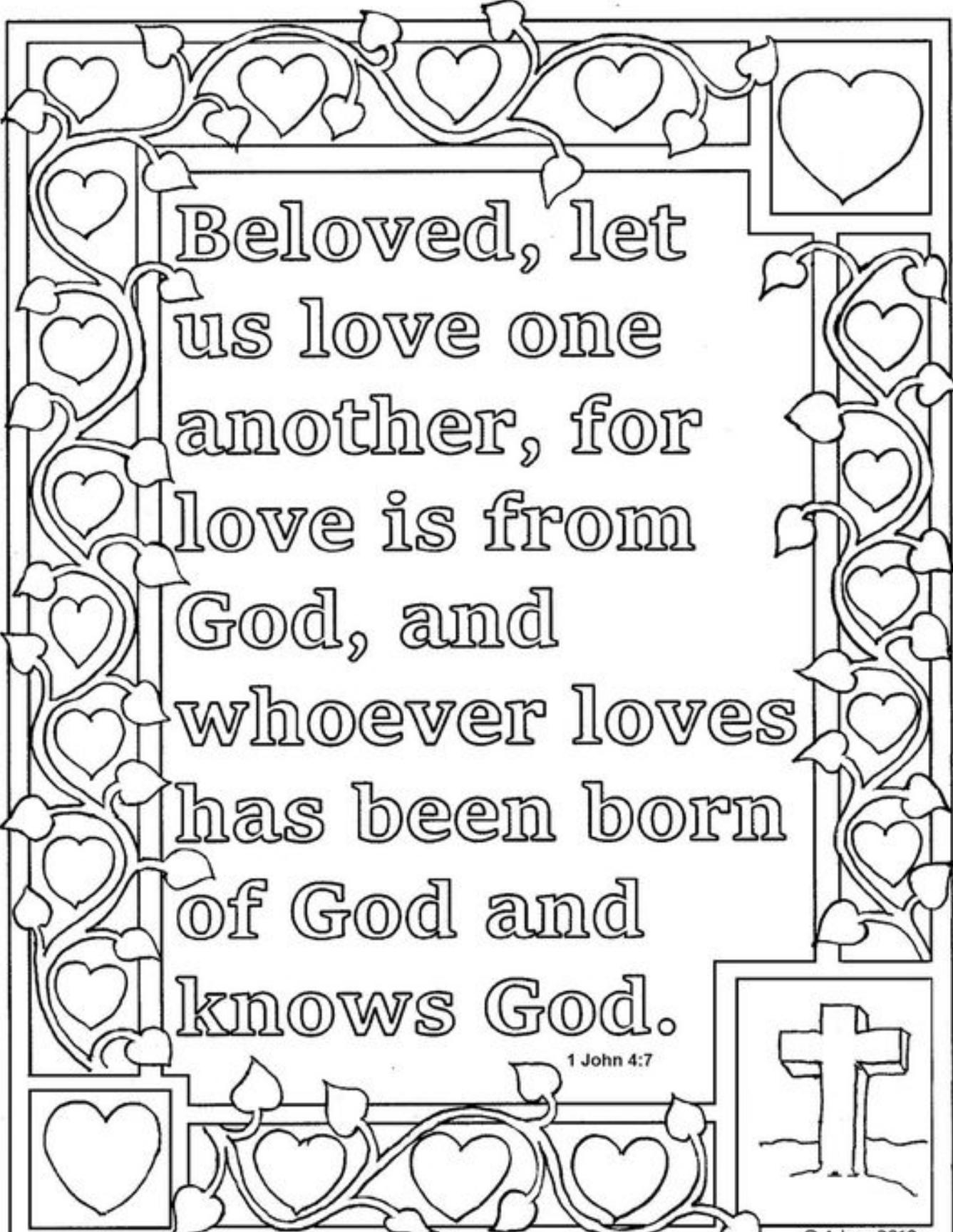


<sup>8</sup> *“For God is my witness,  
how I \_\_\_\_\_ for \_\_\_\_\_  
all with the affection of  
Christ Jesus. <sup>9</sup>And this  
I pray, that your \_\_\_\_\_  
may abound still more  
and more in real  
knowledge and all  
discernment...”*

***Philippians 1:8-9***



Beloved, let  
us love one  
another, for  
love is from  
God, and  
whoever loves  
has been born  
of God and  
knows God.

1 John 4:7

# PHILIPPIANS

This book begins with Paul describing his imprisonment in Rome. He was under house arrest while writing this and three other epistles. Paul wrote this letter to express his appreciation and affection for the believers in the church of Philippi. More than any other church, the people offered Paul support for his ministry in payments, gifts, and comfort. The book was penned between 60 and 62 AD.

1. **God tells us not to be anxious about our problems. That is a tough assignment. But in this popular verse, he tells us to use prayer, supplication, and this in solving problems.**  
*(Philippians 4:6)*
2. **We can feel angry, insecure, even hateful over certain problems in life. Here is a verse to help distract us from toxic thinking. Think of whatever is true, noble, right, pure, and virtuous, and then do this.** *(Philippians 4:8)*
3. **We can be confident in God, because we don't have to do all the work to grow spiritually. He is the one who will bring us to this point.** *(Philippians 1:6)*
4. **Don't do anything out of selfishness or conceit, but instead we should think of others in this way.** *(Philippians 2:3)*
5. **Paul could handle a lot of hardship because he was filled with the fruit of this.** *(Philippians 1:11)*
6. **The peace of God, which surpasses all understanding, will guard these parts of us through Jesus.** *(Philippians 4:7)*
7. **Philippians is one of the books Paul wrote while imprisoned. He explained to the guards that he was in chains for this.**  
*(Philippians 1:13)*



**Choose from:**

As better than ourselves    Christ    Completion    Our hearts & minds  
Thanksgiving    Think about such things    Righteousness

