

Sound Speech-Taming the Tongue

Remember our words come from:

Our thoughts

Our feelings

Our desires-what we like to say

Self-Examination and Application Questions:

What are my goals in conquering speech?

What do I find “appealing” or “enticing” that causes me to use unsound speech?

What do I need to find appealing that is godly to help me overcome unsound speech? How can I pursue wisdom and forsake foolishness?

What are some areas where I am self-indulgent in speech? Where do I need to apply self-restraint? How can I train myself to be self-restrained?

What are the influences in my life that are fueling my unsound speech? How do I need to control or eliminate those influences?

Are there any areas in my life where I see myself as a martyr or victim? How can I let Christ’s victory change my perspective and then my words in those areas?

What can I do to lead a quiet life and mind my own business? What changes do I need to make to douse the kindling of contention in my life?