



*Sermon*  
SNAPSHOTS

**DISCON  
NECTED**

**from**

**GOD**

# ***When You Feel Disconnected from God...***

## **Psalm 13:1-6**

**How long, O LORD? Will You forget me forever?**

**How long will You hide Your face from me?**

**<sup>2</sup>How long shall I take counsel in my soul,  
Having sorrow in my heart daily?**

**How long will my enemy be exalted over me?**

**<sup>3</sup>Consider *and* hear me, O LORD my God;**

**Enlighten my eyes,**

**Lest I sleep the *sleep of death*;**

**<sup>4</sup>Lest my enemy say,**

**“I have prevailed against him”;**

**Lest those who trouble me rejoice when I am moved.**

**<sup>5</sup>But I have trusted in Your mercy;**

**My heart shall rejoice in Your salvation.**

**<sup>6</sup>I will sing to the LORD,**

**Because He has dealt bountifully with me.**

**This Psalm divides itself into three sections. David’s problem: God seems distant (v.1-3); David’s petition: please answer me (v.3-4); David’s praise: I’ll trust you, based on past experience (5-6). This passage shows the frustration of one who – whether rightly or wrongly – felt disconnected from God! Have YOU ever felt that way? Chances are, you have! This lesson will try to guide us through such feelings...**

### **I. First, know that our connection to God is NOT based on “feelings”**

- “Feelings” about God are subjective and unreliable (Is it God, me, or Satan? How do I know?)
- Subjective religion leads to uncertainty, doctrinal confusion, & chaos! (1Cor.14:33)
- According to the John, our connection is based upon objective truth (1Jn.2:3-5)
- Hence, we are connected to God through His word – NOT through our “feelings” and desires!

### **II. Know that God is everywhere; and in particular, with His children!**

- Many Scriptures affirm this! The question is: Do we believe it? (Ps.139:7-12; Ac.17:26-28; Rm.8:28)
- Therefore, if God “feels” distant, or if we “feel” disconnected, it is NOT God’s fault, but ours!
- This means that the onus is on us to keep ourselves near to God! (Jm.4:8, “draw near to God”)
- Though it may sound “cliché,” we must ask ourselves: If God seems far away, WHO MOVED?

### III. Here are some reasons why you might feel disconnected from God

- Sometimes, our “disconnect” is accidental: we get “too busy for God” (Lk.12:15-21)
- Other times, our “disconnect” is intentional: we have chosen to live in sin! (Isa.59:1-2)
- And, in a few cases, we “disconnect” out of anger – e.g., the passing of a child or spouse
- Perhaps this is why there are so many warnings about our priorities! (Mt.6:33; 10:37; 16:24)

### IV. There are also circumstances that can make you feel disconnected

- God does not always do what we want – i.e., He is **NOT** our “magic genie” (Jm.4:13-17)
- He may do what we want, but not the way we want it (ask for patience, but get trials, Jm.1:2-4)
- He does not always work on our time table – Joseph endured **years** of hardship! (Is.40:31)
- **Such are tests of faith!** We must trust that He is always there – no matter what happens!

### V. In view of these facts, what can we do when we feel disconnected?

- First, we must constantly feed our faith, not our doubts! (one strengthens; the other weakens!)
- Get connected to **God** through vigilant prayer and Scripture studies (Ph.4:6-7; 2Tm.2:15)
- Get connected to the **church** via regular attendance, and social interaction (Hb.10:25; 1Pt.4:9)
- Get connected to **reality** by focused thinking (Ph.4:8) – pursuing sin is a dead-end fantasy!

**Hopefully this lesson has helped you to think about whats going on with you during those times you feel “disconnected.” I hope it has provided some guidance about your personal obligation to keep yourself connected to God. However, if you are not a Christian, then you haven’t even made a connection to God yet! Why not begin that connection right now, by obeying the gospel of Jesus Christ? (Mk.16:15-20)**

*-Lanny Smith*

# Join us for worship!

## Times of Service

Sunday Worship: 10 am  
Sunday Bible Study: 5 pm  
Wednesday Bible Study: 7 pm

## Our Eldership

Jan Boser (H) 773-3178 (C) 509-1828  
Al Easter (H) 585-9846 (C) 698-1846  
Randy Shouse 570-4908  
Lanny Smith 770-8077

## Contact Information

10082 East 126th Street  
Fishers, IN 46038  
(317) 577-3788

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