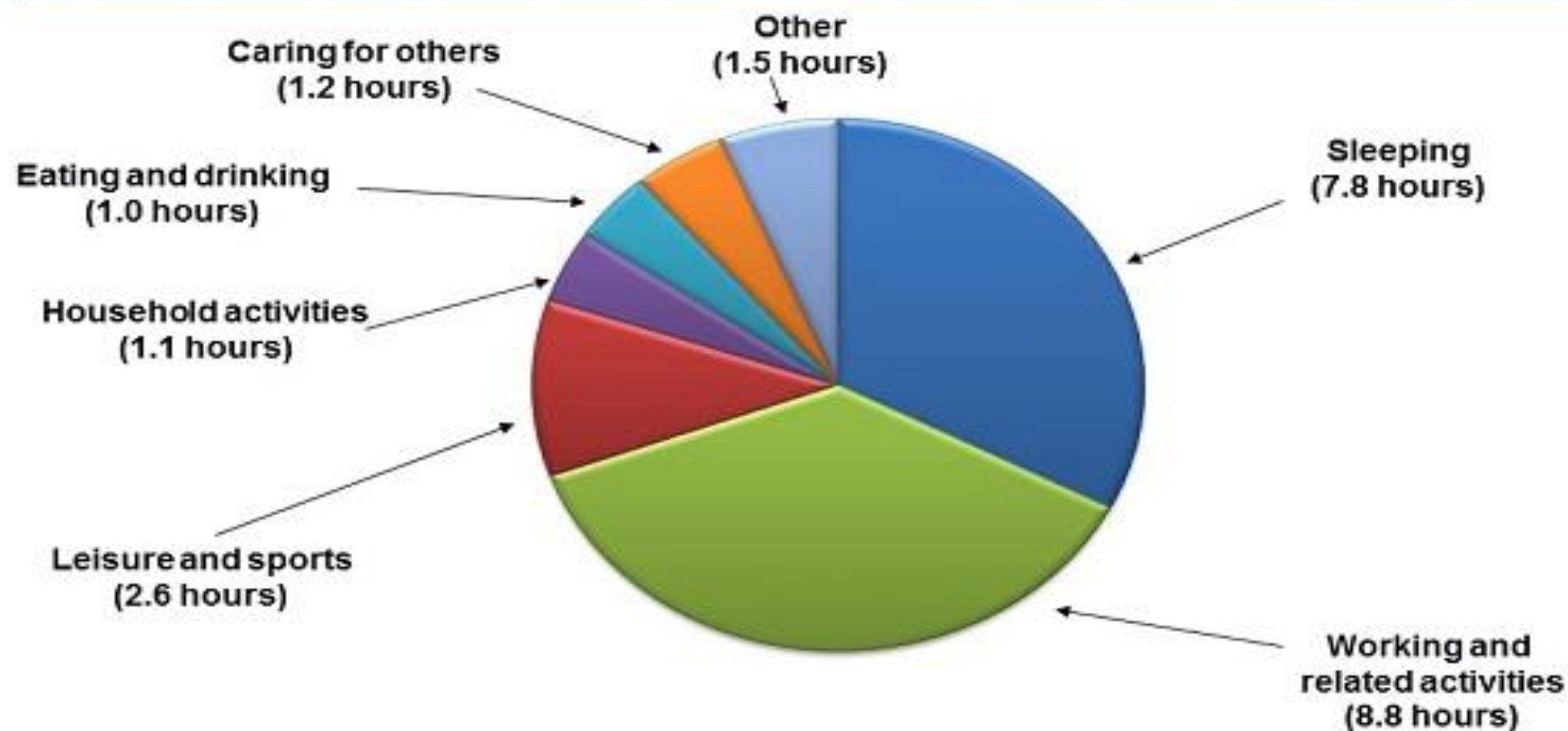


Growing Deeper with God:

By making the most of our time

Eph. 5:16

Time use on an average work day for employed persons ages 25 to 54 with children



NOTE: Data include employed persons on days they worked, ages 25 to 54, who lived in households with children under 18. Data include non-holiday weekdays and are annual averages for 2015. Data include related travel for each activity.

SOURCE: Bureau of Labor Statistics, American Time Use Survey

Growing Deeper with God:

- Eph. 5:16- “Making the best use of the time, because the days are evil.”
 - Means “redeeming” or “purchase.”
 - Time is precious and valuable.
- Ps. 90:12- “Teach us to number our days.”

Growing Deeper with God:

○ *We will make the most of our time when.....*

HOLINESS IS OUR DETERMINATION

○ Eph. 4:24

○ I Peter 1:15-16

○ Heb. 12:14

Growing Deeper with God:

- This is accomplished by determining to:
 - Give up our vices- Eph. 5:3
 - Conquer our shortcomings- 4:31
 - Practice virtues like kindness & forgiveness.
 - Express thanksgiving- Eph. 5:20
- “Be the change you want to see in the world.”

Growing Deeper with God:

○ *We will make the most of our time when.....*

HELPING IS OUR PASSION

○ Helping the church grow- Eph. 4:11-18

○ Helping the needy- Eph. 4:28

○ Helping the lost- Eph. 5:11-14

Growing Deeper with God:

- Practical application:
 - Think of someone you can help.
 - Think of someone you can teach.
 - Think of how you can satisfy your boss and assist a co-worker.
 - Determine to do a mission trip.

Growing Deeper with God:

- When we make the most of our **TIME** then we don't have **TIME** for **FOOLISHNESS**.
- **Foolish talk**- Eph. 5:4.
- **Foolish behavior**- Eph. 5:15.
- **Foolish thoughts**- Eph. 5:17.