

Don't Be A Junk Food Christian!

Scripture Reading: *Psalm 19:1-11*

- A. In our junk food society, we are experiencing an interesting but deadly phenomenon—our bodies are being *fed*, but they aren't being *nourished* the way they should.
- B. Could the same thing be said about our spiritual well-being? (*Amos 8:11-13*)

I. The Junk Food That Undernourished Israel In The Old Testament

A.

B.

C.

D.

E. Israel was religious, but they were starving spiritually and headed for a spiritual famine.

II. We Need Real Soul Food Like Josiah

A. He sought _____.

B. He got rid of the _____.

C. He repaired the _____ of the Lord.

D. He fed on God's _____.