

Lesson 4

I AM**THE BREAD OF LIFE**

As we have learned, Jesus is "I AM." This truth is simple, yet profound. What does "I AM" mean practically? As we continue to examine the "I AM"s of Jesus, we allow Him to define the multifaceted nature of the Son of God.

"Bread" is a staple of life. Men and women all over the world and at every time in history have eaten bread. With it we are nourished and with that nourishment, we live each day. During the wilderness wandering, God used real bread to teach the children of Israel to trust in Him for their daily spiritual nourishment. "...that He might make you know that man shall not live by bread alone; but man lives by every word that proceeds from the mouth of the LORD," (Deut. 8:3). After feeding the 5,000 with real bread, Jesus, the LORD, made the same spiritual connection when He claimed, "I am the bread of life."

Jesus gives us nourishment for spiritual life. Our initial rebirth comes through His blood, but sustained life comes from reading, digesting and using the nourishment from the teaching of Jesus. He is our "Bread."

1. What miracle does Jesus perform (John 6:5-13)? _____

A. How do the people react to the miracle (John 6:14)? _____

2. What do the Jews ask Jesus to perform and why (John 6:30-31)? _____

A. What is the connection with the miracle Jesus had performed the day before?

3. Who actually gave the manna from Heaven, Moses or God (John 6:32)? _____

4. How does Jesus describe the “bread of God?” Is it a thing or a person (John 6:33)?

5. What claim does Jesus make (John 6:35)?

6. What is the promise connected to Jesus’ claim of being the “bread of life” (John 6:35)?

A. What contrast is Jesus making with the manna that came from heaven in Moses’ time?

7. What promise is connected with the claim of Jesus (John 6:39-40)?

8. Why do the Jews have difficulty understanding the claim of Jesus (John 6:41-42)?

9. What contrast does Jesus make between the manna coming from heaven in the time of Moses and Himself being the living bread (John 6:48-51)?

A. What is the definition of “eternal life” (John 17:3)?

10. Is Jesus referring to His physical body (John 6:52-58)?

11. Later when Jesus spoke with His disciples, He further explains this concept of the bread of life. What does He say would bring life (John 6:63)?

12. Put this claim of Jesus, “I am the bread of life”, in your own words.

13. How does this truth help form your concept of Jesus as the Son of God?
