

What Are the Symptoms of a COVID-19 Infection?

Members should stay home if they have symptoms that could indicate *any* infection (not just COVID-19).

Specific symptoms of COVID-19 may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Most common

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle pain
- Sore throat
- New loss of taste or smell

Less common

- Nausea
- Vomiting
- Diarrhea

When Should I See a Doctor?

Members should stay home if they have symptoms that could indicate *any* infection (not just COVID-19). But these are the symptoms of a COVID-19 infection.

Trouble breathing

Persistent pain or pressure in the chest

New confusion

Inability to wake or stay awake

Bluish lips or face