

## Who Are the Members at Highest Risk?

High-risk members are advised not to come, but to use their own judgement. Those include:

### *Known or Suspected Highest Risk*

- Over 65, especially with other risk factors (risk increases with increasing age)
- Obesity
- High Body Mass Index (BMI > 40)
- COPD
- Cystic fibrosis
- Smoking
- Immune suppression (as from chemo or anti-rejection drugs)
- Current or recent bronchitis, bronchiolitis or pneumonia
- Current or recent Influenza
- Hypertension
- Heart attack
- Atherosclerosis (hardening of the arteries)
- Heart failure
- Stroke (hemorrhagic or ischemic)
- Kidney disease, dialysis
- Liver disease
- Living in a nursing home or long-term care facility
- Emphysema
- Immune deficiency syndromes (primary or acquired), autoimmune disorders
- Ongoing or recent cancer treatment