



When Are You Brokenhearted?

Psalm 34:18

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The LORD is near to those who
have a broken heart,
And saves such as have a
contrite spirit.



1) In Times of Need

A. 10 Lepers (Luke 17:11-19)

1) When do we embody thankfulness to God?

- We want a need met?
- Times of stress / fear?
- Immediately after receiving a favorable answer to prayer?



1) In Times of Need

B. Every Day We Should... (Psalm 34)

1) V. 18 - Cry out

- Brokenhearted - **overwhelmed by grief or disappointment.**
- Contrite - **feeling or expressing remorse or penitence; affected by guilt.**

2) V. 7&9 – Fear Him

3) V. 8 – Take refuge in Him

4) V. 10, 15-17, 19 – Remember the blessing of being in God/Christ.



2) When We Can't Help Ourselves

A. Jonah (Jonah 1 - 3)

1) When do we truly turn to God?

- Our way doesn't work (Jonah)?
- Exhausted our own efforts?
- Illness/ Tragedy?
- Right before a divorce?
- Been defeated by temptation?



The Repentance of Jonah & the King of Nineveh (Jonah 2 & 3)

Jonah

- 1) Prayer (2:2)
- 2) Humbled Himself (2:4a)
- 3) Repentance (2:4b)
- 4) Confession (2:6)
- 5) Salvation (2:10)

King of Nineveh

- 1) Fasted (3:7)
- 2) Humbled Himself (3:8a)
- 3) Repentance (3:8b)
- 4) Confession (3:9)
- 5) Salvation (3:10)



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