

Zoom Class: A Broken and Contrite Heart—2/28/2021

1. Read 1 John 2:1. What reason does John give for writing this epistle?
2. According to Hebrews 12:4, to what length should we go in striving against sin?
3. But who among us has not sinned? 1 John 1:8, 10.
4. What kind of heart should we have, then, when we do sin? What kind of heart is necessary to receive forgiveness? Psalms 34:18; 51:16-17; Isaiah 57:15-18; 66:1-2.
5. This broken and contrite heart, or poor and contrite heart—how would you define it? Can you think of any other Biblical terms that describe this same kind of heart?
6. Society does NOT exactly encourage this kind of heart or mindset. Can you think of any attitudes toward sin, or teaching about sin that might discourage people from having this kind of heart?
7. Give reasons why we should be broken and contrite about our sin, why we should be “crushed in spirit” (Psalms 34:18, ESV)? Think about both the nature of sin and its consequences.
8. Can you find any examples in the Bible of people with a broken and contrite heart?
9. What is the opposite of a broken and contrite heart? How does the Bible describe it?
10. Based on behavior alone, we may look at two Christians and judge one to be strong and the other weak. Explain how in some cases God’s assessment may be just the opposite.