

**WHERE CHRISTIANS MEET**  
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On a normal day, I usually walk between two and three miles. One mile is a planned walk that my dog Bella, and I usually take each morning. The other distance is a compilation of steps taken during the course of the day. Walking in the house from one room to another. Walking from the house to the car, or walking from the car to a store, and then walking around in the store, or walking from the car to a house of some one I am visiting.

I heard (or read) somewhere that walking is good for you. It is good for your health and good for your emotional well-being. I know that when I walk my mind is clear ( it is sometimes blank when I'm not walking) and I am able to think about things I otherwise perhaps would not entertain in my thought process.

Our life as a Christian is considered to be a walk. Some hymns we sing suggest this. "Each step I take," "Walking Alone At Eve," "Hand In Hand With Jesus, I walk each day," are just a few of the hymns that focus on walking with God. The Bible also suggests this. We are told about Enoch, who "walked with God." The Psalmist often portrayed his walk with God with expressions such as: "Walking according to His ways," "I will walk in your truth," "I will walk about in freedom," and "Blessed are they who walk in His ways." These are only a few of the Psalmist's statements about walking with God.

In the New Testament, walking is also mentioned as being something we do as Christians. John wrote that we should "walk as Jesus did." He also said that we are to "walk in truth" and "walk in obedience to His commands," and to "walk in love," and "walking in the light." In Revelation Jesus talked about the worthy walking with Him dressed in white." It is not unusual for walking to be mentioned so many times in scripture because in that age walking was the major form of transportation. People walked everyone they went. The Gospels mentions Jesus walking from town to town in His ministry.

Some of the Old Testament prophets mentioned God's promise when He said, "I will live among them and walk among them, and I will be their God, and they shall be my people." I am not sure we correctly understand the impact of this statement. To have God as a walking companion is beyond human comprehension. During my morning walks I often see two people walking together. Many of them are school students walking to class. Often I see two women walking together or a man and woman walking together. There is something about this companionship when walking. I know there is a lot of conversation during these walks, because it can be heard.

What about your walk with God? Are you walking with Him? Do you find some time in your busy life to find some solace, some quiet time, some time away from the stressful busy life most of us live to spend some time with God? One of the greatest goals we can have is to live in such a way that it can be said of us as it was of Enoch, "we walked with God."