

February: Psalms – Book 5 (Psalms 107-150)

Date	Text	Question
1	107	God transforms prosperity into poverty “because of the evil of its inhabitants” (107:33-34) and turns the upright’s poverty into prosperity (107:35-42). Which best describes our nation? Take a moment today to pray about our country. Share your prayer with your pod.
2	108	David is so eager to praise God that he declares, “I will awake the dawn!” (108:2). Commit tomorrow to begin your day with some act of worship. Let it be the first thing you do!
3	109	“Help me, O Lord my God! Save me according to your steadfast love!” (109:26). David was overwhelmed by people who hated him. What is one thing for which you are today praying for God’s intervention?
4	110	There are those who are conquered and subjugated (110:1-2) and those who “offer themselves freely” (110:3). Which better describes your service to God today: obligation or free-will offering?
5	111-113	All three of the Psalms today begin, “Praise the Lord!” (In Hebrew, “Hallelujah!”) Complete the sentence: I praise the Lord today, because...
6	114-116	After a thorough description of the worthlessness of idols, the Psalmist declares, “Those who make them become like them; so do all who trust in them” (115:8). List three things you are tempted to turn into an idol (ex. money, family, hobbies, etc.). What will become of each of those idols?
7	117-118	“This is the day that the Lord has made; let us rejoice and be glad in it” (118:24). Share with your pod five reasons you have to rejoice today.
8	119:1-56	Psalm 119 is written as an acrostic, using each letter of the alphabet to construct eight reasons why the Psalmist loves the Word of God. Create your own acrostic. Today write one reason you love the Bible for each letter A through I.
9	119:57-112	Continue the acrostic. Write down one reason you love the Bible for each of the letters J through R.
10	119:113-176	Continue the acrostic. Write down one reason you love the Bible for each of the letters S through Z.
11	120-121	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today’s reading: Worship helps me to change the way I talk daily by... (120). Worship helps me to feel safe by... (121)
12	122-124	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today’s reading: Worship helps me to be happy by... (122) Worship helps me to lean on God’s mercy by... (123) Worship helps me to face life’s hard times by... (124)
13	125-126	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today’s reading: Worship helps me to trust God by... (125) Worship helps me to hope by... (126)

14	127-128	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today's reading: Worship helps me to value my children by... (127) Worship helps me to walk in God's ways by... (128)
15	129-130	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today's reading: Worship helps me to cope with hurt by... (129) Worship helps me to deal with my sin by... (130)
16	131-132	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today's reading: Worship helps me to calm my soul by... (131) Worship helps me to be confident in God's promises by... (132)
17	133-134	The Psalms of Ascent (120-134) prepared the Israelites for worship. Complete the following sentences based on today's reading: Worship helps me love my brothers by... (133) Worship helps me bless God by... (134)
18	135	"Sing to His name, for it is pleasant" (135:3). Choose one song about God to sing throughout the day. Let your pod know which song you're singing.
19	136	The Psalmist lists some of God's most famous accomplishments, concluding from each one that God's steadfast love endures forever. Three things God has done that convince you of his everlasting love.
20	137-138	Psalm 137 may be one of the most difficult passages in all of Scripture. The temple singers are literally asking that God kill the children of their enemies (137:9). Wrestle with this text today. How is it possible that people of faith can pray angry Psalms like these?
21	139	"Search me, O God, and know my heart! Try me and know my thoughts" (139:23). What would God find if he looked in your heart today?
22	140-141	David prayed that God would set a guard over his mouth. What times do you anticipate you will be most tempted to speak in a way that doesn't honor God?
23	142-143	With the Psalmist, pour out your complaints to God (142:2). Share the things that weigh on you with your pod. Pray for one another today.
24	144	God trained David's hands for war (144:1). What do you feel more confident to do because of God's help?
25	145-146	David credits God with the care of every living thing and the food they eat (145:15-16). Be attentive to pray concerning every meal and snack today.
26	147	The psalmist sees the goodness of God in all creation. Spend five minutes outside today. Write down everything you see that reminds you of God's care.
27	148	All things and all people are encouraged to praise the Lord. Sing a little louder today when we worship together.
28	149-150	The godly are called to sing for joy on their beds (149:5). Take an extra minute before you go to bed tonight to praise God in prayer.