

Read Meditatively

TODAY'S PASSAGE:

Romans 8:28-39

Mediation as popularly taught by the Eastern philosophies tells you to empty your mind - the exact opposite of what Scripture says. Biblical meditation means filling your mind with the truth that God has revealed . . . The greatest changes God has brought on my life have come through the process of meditation - just allowing the Word of God to filter and percolate through my mind and into my life. I've learned that first rate Bible reading calls not for snapshots but for timed exposures.

Read Romans 8:28-39 and take an advanced look at the question. But as before, wait at least a day to let your mind dwell on this single passage. When you're ready, come back and answer the question.

Paul made many wonderful promises in this passage. And then he made the observation that "we are more than conquerors" (NIV v 37). What do you think it means to be "more than conquers" and how should such a concept affect our lives?