

## How About You?

*The great tragedy among Christians today is that too many of us are under the Word, but not in it for ourselves.*

What about you? Do you regularly read and study the Bible on your own? Or are you part of the majority of people who rarely if ever open the Bible for themselves? Here's a simple exercise to help you evaluate your Bible reading habits.

**How often do you read the Bible (circle one)**

NEVER

ONCE A MONTH

ONCE A WEEK

2 OR 3 TIMES  
A WEEK

EVERY DAY

**When you read it, how much time do you spend reading?**

5 MIN OR LESS

15 MIN

30 MIN

45 MIN

1 HR OR MORE

Here are a few reasons that people give for not reading the Bible. Check the ones that express why you don't read the Bible more than you do.

The Bible doesn't seem relevant to my life.

The Bible seems confusing and hard to understand. I don't know how to make sense of it.

I used to read the Bible, and it made me feel good. But after awhile, it didn't seem to have the same impact, so I finally gave it up.

I feel guilty when I read the Bible.

The Bible is hopelessly out-of-date. It may have some interesting stories, but it has little significance for life today.

I rely on my preacher or teacher to explain the Bible to me. If I need to know something, he will tell me about it.

I have doubts about the Bible's reliability.

I don't have time. I'm just too busy.

The Bible seems boring to me.

I don't own a Bible.

The Bible is full of myths and half-truths. Why study something that lacks credibility?

I don't read, period! It's not just the Bible; I don't read anything.