

Cast your burden upon the LORD and He will sustain you;
He will never allow the righteous to be shaken.

Psalm 55:22

Therefore humble yourselves under the mighty hand of God,
so that He may exalt you at the proper time, having cast all
your anxiety on Him, because He cares for you.

1 Peter 5:6-7

PSALMS

“I feel”

“I know”

“I will”

“I Feel”

Sorrow – Psalm 6:6-7

Agony – Psalm 22:1-2

Remorse – Psalm 51:1-4

Doubt – Psalm 73:2-3

“I Know”

God is good – Psalm 73:1

You deliver those who trust – Psalm 22:3-5

God is for me – Psalm 56:9

God is in control – Psalm 73:16-20

“I Will”

Praise the LORD – Psalm 22:22

Trust in You – Psalm 55:23

Remember God’s works – Psalm 77:11-12

Pay my vows – Psalm 66:13-15