

**It's About Time**

**Psalm 90**

# I. The Brevity Of Life

# Life is short, 1-2

A LORD

B You have been our dwelling place

C In all generations

D *Before the mountains*

E Were brought forth

E' Or ever You had formed

D' *The earth and the world*

C' Even from everlasting to everlast.

B' You are

A' GOD

# I shall 'return' (v.3)

- Gn.3:19

In the sweat of your face you shall eat bread Till you return to the ground, For out of it you were taken; For dust you *are*, And to dust you shall return

Dust: pulverized.  
Another generation takes his place.

# It flew by! (4)

- 1000 years...like yesterday
- Like a watch in the night

# Whoosh! (5-6)

- Flood...dream...grass

Grass: sown, grown,  
blown, mown, gone...

–2 Pt.3:8

## Like a sigh (7-9)

- Few days, full of trouble, Job 14:1
- Life: 'a little gleam of time between two eternities' - Carlyle

## I'll fly away (10)

- 70 - 80

May boast of quantity,  
not necessarily quality, of life

# Make the most of life (12a)

- *Teach us to number our days...*
  - Cannot number stars or sand
  - Number our days: realize how few they are
  - **70 years:  $365 \text{ days} \times 70 = 25,550$**

# Don't put it off (12b)

- *Do not procrastinate*
  - Ps.39:4, frail: transient; fleeting life; 5, handbreadth...vapor
    - 1 Sm.20:3, a step
    - Ac.24, Felix
  - Pr.27:1, tomorrow
  - Mt.25:1-13, when time ran out
  - Lk.12:13-20, if only he had known



I. The Brevity Of Life

**II. The Management  
Of Time**

# 1. Rejoice, be glad all our days (14)

Worry steals time from present duties

Worry usually distracts in two ways

- **PAST.** Isa.38:8

Rich man's  
money?

Scientist's  
knowledge?

Politician's  
power?

- **FUTURE.** Mt.6:34

- Three burdens

- Three rules

## 2. Avoid sins (16)

<sup>1</sup>Sins violate God's law

<sup>2</sup>Sins waste time in worst ways

- Laziness. Pr.20:13
- Indecision. Ec.9:10; Jn.9:4
- Ignorance. 1 Co.3:1-3; Hb.5:12
- Risky recreation. Ph.4:8; 2 Tim.3:4
- Gossip. 1 Tim.5:13

### 3. Do work of God (17)

Establish: give permanence to

God's works are permanent

With His blessing, so are ours

- Jesus: sense of urgency, Jn.17:4
  - Mt.6:33.
  - Col.1:23.
  - 2 Tim.2:4.
  - 1 Co.4:2.