

Breaking Out of Our Comfort Zone



A Comfort Zone...

- Defined: a place, situation, or level where someone feels confident and comfortable...the level at which one functions with ease and familiarity (www.Merriam-Webster.com)
- Is important – 2 Cor. 1:3-4
- Must not impede our progress or “box in” our service to God!
- Must be overcome!

New Life and Growth



Life In Christ Means...

- You are a *new creation* – 2 Cor. 5:17
- You walk *in newness of life* – Rom. 6:4
- Your life must be significantly different than what it was!
 - It is easy to list things you *do not do*.
 - How much has Christ changed what you *do* with your life, energy, and resources?

Salvation Requires Growth

- Growing in knowledge – 1 Pet. 2:2-3
 - Are you *uncomfortable* with your current knowledge?
 - We need to grow to be uncomfortable without God's daily guidance – Psa. 119:104-105; 2 Tim. 2:15
 - Greater knowledge means greater roles and responsibilities– Heb. 5:12-14
- Growing in grace – 2 Pet. 3:18
 - Grace equals opportunity to serve – 2 Cor. 8:1-2
 - Grace is the means of accomplishing our service for Christ – 2 Cor. 9:8; Titus 2:11-14

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Life in Christ is about

**Following Jesus
out of our comfort
zone**

Jesus Has Led The Way!

- I understand the weariness, hesitance to act, and the desire to retreat to our “zone.”
- Jesus led the charge to live outside our comfort zones – Heb. 12:1-4; Mk. 6:30-35; Matt. 9:9-13
- Jesus strongly rebuked those who refused to leave their comfort zone – Lk. 7:36-47

Leaving Our Zone Requires...

- Recognizing our comfort zone and being committed to break out of it.
- Doing the uncomfortable – Matt. 14:25-33
- Refusing to listen to our fears – 1 Jn. 4:18-19
- Acting in faith – Rom. 10:17; Jas. 2:26

Conclusion

- I plead with you to break out of your comfort zone.
- If you will...
 - Your life will be filled like never before with God's grace, satisfaction, and comfort.
 - You will know true freedom to its greatest extent.
- It is time to leave your comfort zone and allow God to change your life.
- Who will step up to the challenge?